

## Free information sessions

Are you interested in learning more about Palliative Care or Advance Care Planning? Palliative Care Victoria offers free in person information sessions for community groups in metro Melbourne. A facilitator will travel to wherever is convenient for your group. Online sessions are available for groups in regional Victoria.



Sessions available—duration 60 minutes:

## A) Palliative Care:

- What is palliative care?
- How to access palliative care?
- How much does it cost?



## B) Advance Care Planning:

- How to plan for your future health care?
- Who would you want to speak for you?
- What would you want them to say?



To find out more or to book a session,
please contact
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